

## Natural Futon Bed Care & Information

### Helpful Hints:

We recommend that you protect your bed from moisture to prevent mold & mildew since our futons are not chemically treated. We carry removable mattress pads made with natural fibers such as cotton or wool that can be removed and washed. Similar to conventional mattresses, futons can not be washed or dry cleaned. Spot clean any spills as quickly as possible with hydrogen peroxide and/or baking soda using an absorbent sponge. The shell of your futon is tufted in order to hold the batting in place and is not meant to be removed or washed.

Bring your futon along with any other items made with natural fibers outside to bask in the sun for a couple of hours to rejuvenate the loft and to sterilize the cotton and wool fibers of any absorbed moisture.

Keep your mattress at least 2 inches above ground on a platform frame with slats that are no more than 4 inches apart which allows optimal airflow, discourages mildew and supports the mattress. As with most mattresses, if you put it directly on the floor, be sure to flip it over each morning to air out.

Fire retardants are required by law in the mattress industry. Unless the mattress has wool inside (a natural flame retardant), we add a small amount of natural Borax as an effective, environmentally friendly, safe and approved fire retardant. Mattresses made without borax or wool are available upon request with a doctor's prescription.

### The Break-In Period:

Like a new pair of shoes or a car, a futon mattress also undergoes a break-in period. In the first several weeks you may notice the development of a body signature in the surface of your mattress. This is a normal occurrence and indicates that the cotton layers are conforming to the contours of your body. Generally our all cotton futon will compress the most and will get firmer with time. Our deluxe and luxury lines of futons will compress less and are more durable. Depending on individual sleep patterns, occasional valleys may be more prominent in the area where the most weight is consistently applied. We suggest flipping and rotating your futon mattress each week for the first month to evenly distribute the compression, then once a month thereafter to maximize comfort and longevity.

We make our futon mattresses and toppers in shells that measure to the industry standard mattress dimensions. However, at first your futon may appear to vary by a few inches in either dimension since a futon mattress does not maintain the rigidity of innerspring mattresses. As a futon mattress compresses and reaches its working loft, it will spread slightly in both directions. Most of our items are handcrafted and may vary slightly in size.

The sweet earthy or hay-like smell you may detect assures you that our wool and cotton is natural and not bleached or treated chemically. Airing the futon outside will dissipate any odors trapped from the packaging.

Please follow the guidelines above to get the most out of your futon and don't hesitate to call us if you have any questions.

Thank you for your purchase and may you have sweet dreams!



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